

THE EXPRESSIONS OF HIS GRACE

Highlights



Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. Ephesians 6:16

The Shield of Faith

One of the pieces of armor God has given us to defend ourselves against the enemy

What does it do?

It extinguishes the fiery darts of the enemy

What are these fiery darts?

Attacks designed to penetrate your heart; your mind and emotions.

God has given us dynamic power to stand against the wiles of the enemy if we use His armor.

Ephesians 6:10 Finally, my brethren, be strong in the Lord, and in the power of his might.

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by Kristine Repino
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Supernatural Perspective
for Healing

....And more

THE EXPRESSIONS OF HIS GRACE

AND OF HIS FULLNESS WE HAVE ALL
RECEIVED, AND GRACE FOR GRACE

Faith Builders

Seed for today

God's word planted in our heart brings a harvest of His provision



Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Eph. 6:13

For more SEED of God's Word: [SEED FOR TODAY](#)

Faith for today

Faith is not mind
over matter. Faith is
Spirit over flesh.



For more FAITH for today: [FAITH FOR TODAY](#)

Confession for today



For more CONFESSIONS: [CONFESSIONS](#)

My Shield

Father, thank you for giving me everything I need to overcome the attacks of the enemy. Faith comes by your Word, and it is a shield of protection. It keeps my heart from being penetrated by his lies. I will hold my shield up, day by day so that I do not leave the door open for the enemy to come in. Eph. 6:16

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Featured Article

What is True Repentance?

by Kristine Repino

Isaiah 55:8-9 “For My thoughts are not your thoughts, Nor are your ways My ways,” says the Lord. “For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts.”

In my article, “Thinking like God” I share that it is not only possible to know how God thinks, but it is His will that we think just like Him. I bring this up because Isaiah tells us that God’s thoughts are not our thoughts, and His ways are not our ways. And yet, God says in His Word, we will know Him personally (Jer. 31:34) and we can think like He does (1 Cor. 2:16).

This brings us to what repentance is all about.

The word repentance has been misunderstood by the church. Most people when asked what repentance is respond with one of the following statements:

To feel sorry about something one did or failed to do.

To feel remorseful about some act and ask forgiveness for it.

To walk forward in a church service to formally ask Jesus into one’s heart. (Sparkling Gems, Rick Renner)

A regular act of confessing sin to stay “right” with God.

None of these are what the Bible calls repentance. So what does the Bible say about repentance?

What is repentance?

From the beginning of the New Testament, starting with John the Baptist’s ministry (Mat. 3:2), Jesus’ ministry (Mat. 4:17), and preached by the apostles in the early church (Acts 2:38); repentance is God’s requirement, necessary for salvation.

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This Greek word used in the New Testament for repentance is metanoeo. It literally means 'a change of mind.'

It portrays a decision to completely change the way one thinks. It is a complete turnaround in the way one thinks, that it produces a totally altered view of life and behavior or a decision to believe, think and act differently. It portrays a decision to completely change the way one thinks, lives, or behaves. One of the most important aspects of repentance is that it is an intellectual decision, not an emotional one; and the fruit of repentance is a lifestyle change that proves the change is genuine. (Rick Renner)

Repentance literally means to change your mind and agree with God. The Bible says it is the GOODNESS of God that leads us to do this.

Romans 2:4 Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance?

While you may feel some emotion when you make the decision to repent; repentance is not remorse, guilt, or sorrow for your actions. All the guilt and shame in the world is not enough to save you; God's requirement is true repentance.

2 Corinthians 7:10 amp For [godly] sorrow that is in accord with the will of God produces a repentance without regret, leading to salvation; but worldly sorrow [the hopeless sorrow of those who do not believe] produces death.

The first part of that verse tells us that when we come to a place of true repentance, we have a godly sorrow for our old way of thinking and make a choice to now be in agreement with God's way. The second part of the verse talks about what we experience for our sin without true repentance.

This is what happened with Judas Iscariot. He is the disciple who betrayed Jesus, which led to Jesus' arrest and crucifixion. The scripture tells us Judas repented, however the word used here is a different word than what was used for 'repentance' in the previous examples in the New Testament.

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Matthew 27:3 When Judas, who had betrayed him, realized that Jesus had been condemned to die, he was filled with remorse.

The Greek word used here in this verse is *metamelomai*.

It expresses sorrow, mourning or grief-not someone moved to change but rather it gives an illustration of a person consumed with remorse, guilt or regret.

Judas Iscariot felt remorse, but instead of “repenting” and coming to God and asking forgiveness, he hung himself.

Matthew 27:5 Then he threw down the pieces of silver in the temple and departed, and went and hanged himself.

Repentance (to change one’s mind in agreement with God) is required to receive our salvation, and it is also important after we have received salvation to live a lifestyle that is in agreement with God. Many people feel guilty for their lifestyle, choices, or behavior and come to God full of guilt and shame; thinking they are repenting. However, if that repentance isn’t followed by a change in thinking that produces different actions, choices and lifestyle, then they most likely have not truly repented. We should always acknowledge when we are thinking/responding outside of God’s Word. But it should NOT produce guilt or shame that we continue to carry; but rather a change of heart and attitude that causes a complete change that does produce the fruit of right actions.

See my article “[Thinking like God](#)” for more about transforming your mind to think like God.

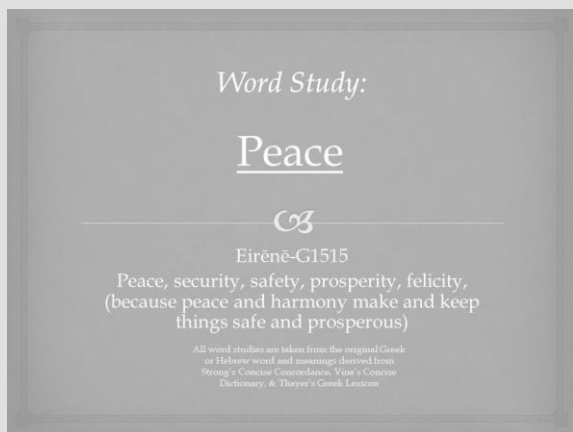
For more ARTICLES: [ARTICLES](#)

Lord, I am committed to living a submitted life to you.
Therefore, I will stay sensitive the Holy Spirit’s leading
when He shows me my thinking is not in line with yours.
I choose to repent, and come into agreement with you.

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Word Study



PEACE in this verse is the equivalent to the Hebrew word shalom meaning peace, harmony, wholeness, completeness, prosperity, welfare and tranquility, well-being and health.

John 14:27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

FOR MORE WORD STUDIES

Food for thought

1. The soul and spirit are used interchangeably in scripture
 - a. True
 - b. False
2. Paul's Jewish name was
 - a. Paul of Tarsus
 - b. Saul of Tarsus
 - c. Saul of Arabia
3. Elijah prayed and it did not rain in Samaria
 - a. 3 ½ years
 - b. 6 months
 - c. Ever again

❖ Answers on back page

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Myth Busters

Myth: a traditional story, especially one concerning the early history of a people or explaining some natural or social phenomenon, and typically involving supernatural beings or events.

The Promised Land – Moses and the Israelites

We have all seen or heard the story of Moses leading the Israelites into the Promised Land. But did he? An old movie “The Ten Commandments” might give us a glimpse into the events of the true Exodus, but is it accurate?

The Story: Moses is saved at birth from the command of Pharaoh, king of Egypt to kill all the Hebrew boys that are born, and ends up being raised by Pharaoh’s daughter. Early on, Moses knows He is going to be used by God to save the Hebrews out of slavery from Egypt. He gets ahead of God’s plan and kills an Egyptian who is beating a Hebrew. After this, Moses runs away and spends the next 40 years of his life in Midian, as a shepherd. He has an encounter with an angel, and is called by God to lead the children of Israel out from Egypt. This is where it gets good! God performs 10 plagues at the hand of Moses; the children of Israel are finally set free. They miraculously cross the Red Sea into safety, past the peril of the advancing army. God continues to take care of them as they journey toward the Promised Land. They come to the wilderness of Sinai, and Moses receives instructions from the Lord along with the 10 commandments up on Mount Sinai. However the people continue to rebel as they did along the journey and even build for themselves idols. The story continues as they repent and God giving instructions on how the children of Israel are to live and be set apart from all other nations.

Now this is where the story takes a turn from what is traditionally understood. Moses sends 12 spies to check out the land God had promised them. 10 come back with a negative report, not believing they can occupy it.

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The other two (Joshua and Caleb) come back from scouting the land with faith that what God promised them, they could possess. Many things happen during the Israelites time in the wilderness, but because they did not believe God's word that He had given them the land, they spend the next 40 years in the wilderness and every man 20 years old and older dies in the wilderness, with the exception of Joshua and Caleb; never entering into the Promised Land. (Numbers 14:28-30)

On top of this, neither Aaron nor Moses gets to go into the Promised Land. They disobeyed God by striking the rock to bring forth water, instead of speaking to it (Numbers 20: 8-12, 24; Deut. 32:48-51). It is Joshua who leads the new generation of the Israelites into Promised Land.

So it was not the original 2-3 million Israelites that Moses led out of Egypt who inherited the Promised Land or Moses who led them in.

Hebrews 3:8-11 Do not harden your hearts as in the rebellion, In the day of trial in the wilderness, Where your fathers tested Me, tried Me, And saw My works forty years. Therefore I was angry with that generation, And said, 'They always go astray in *their* heart, And they have not known My ways.' So I swore in My wrath, 'They shall not enter My rest.' ”

Hebrews 3:15-19 while it is said: “Today, if you will hear His voice, do not harden your hearts as in the rebellion. “For who, having heard, rebelled? Indeed, was it not all who came out of Egypt, led by Moses? Now with whom was He angry forty years? *Was it* not with those who sinned, whose corpses fell in the wilderness? And to whom did He swear that they would not enter His rest, but to those who did not obey? So we see that they could not enter in because of unbelief.

MYTHBUSTERS

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Grace for today

God's provision is sufficient for each day



Perfect Peace

Many people want the fruit of living in peace and even ask God to give it to them. Some try to get it by doing what their flesh wants. Jesus has already given perfect peace to every born-again Christian; but it is in our spirit. It is our responsibility to draw it out of our spirit, into our natural minds & emotions.

We can only do this through an intimate relationship with God and His Word!

All the peace, love, joy that we could desire is a fruit of the Spirit of God in us. Our time spent with Him, renewing our mind to His Word causes His peace, and all the fruit of the Spirit to flow into our soul and into every situation in our lives. You can have perfect peace even in the midst of a storm.

Isaiah 26:3 You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

See full article: [Perfect Peace](#)



Featured Video

[A Supernatural Perspective for Healing](#)

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Letter to Subscriber

This newsletter was created to bring you the spiritual food of God's Word in various forms to nourish you in the Truth. It is my hope and prayer that as you feed on the Word of God through scripture study, faith builders, and teaching you are encouraged and strengthened in the inner man as you are transformed into the image of Jesus God has created you to be. Thank you for allowing me to be a part of your journey.

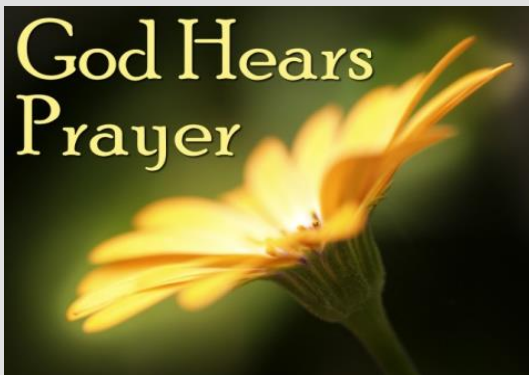
Blessings, Kristine

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Request Prayer

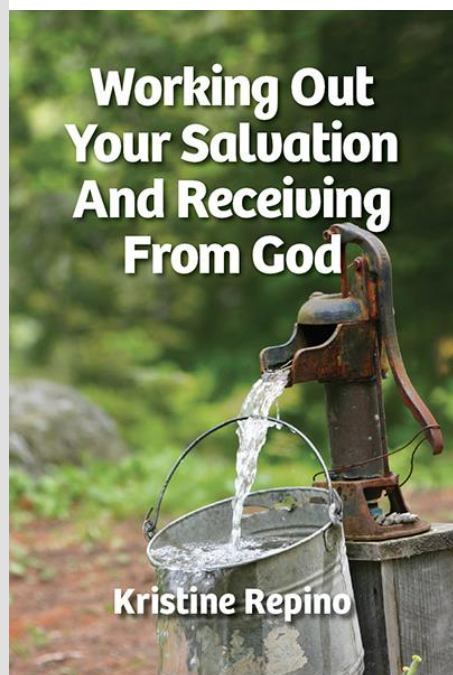
If you would like prayer, we would love to stand in agreement with you. Click on the link below to send us your prayer request.

[PRAYER REQUESTS](#)

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E-book

Salvation is a finished work of the cross! We can't earn it or work for it. The Apostle Paul tells us to work out our salvation with fear and trembling. But has the church misinterpreted this statement? How we receive from God is dependent on understanding what God says about the gift of righteousness through salvation. What is God's role? And what is ours?

Work out your salvation by understanding this truth and see it transform your life and have the power to influence those around you!

Check out
our ministry

Beliefs

About the Author:

Kristine and her husband Thom have been married for 29 years and have 3 grown children. Kristine enjoys writing and has authored several books. A graduate of Charis Bible College, she has gained a stronger foundation of the Word, deepening her desire to share the message of God's unconditional love through her writing. The Expressions of His Grace Ministry is an outflow of that desire.

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This will be the last newsletter sent out to you. If you've missed one, you can find them on our website. We hope you have been blessed, and will stay connected to us through our website, Facebook, and YouTube page.

Blessings,
Kristine Repino
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Food for thought answers

1. b. False (1 Thess. 5:23)
2. b. Saul of Tarsus (Acts 9:11)
3. a. 3 ½ years (James 5:17)