Highlights

BUT THOSE WHO HOPE IN THE LORD WILL RENEW THEIR STRENGTH. THEY WILL SOAR ON WINGS LIKE EAGLES; THEY WILL RUN AND NOT GROW WEARY, THEY WILL WALK AND NOT BE FAINT. ISAIAH 40:31

#### **Eternal Life**

John 17:3 And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.

#### "Know" from the Greek ginóskó

Come to know, especially through personal experience

**Ephesians 3:19** (amp) and [that you may come] to know [practically, through personal experience] the love of Christ which far surpasses [mere] knowledge [without experience], that you may be filled up [throughout your being] to all the fullness of God [so that you may have the richest experience of God's presence in your lives, completely filled and flooded with God Himself].

God wants to have a personal relationship with us, His children! God has, through Jesus, reconciled us back to Himself, and now wants us to choose to be reconciled back to Him.

**Romans 8:14** (amp) For all who are led by God's Spirit are God's children.

**2 Corinthians 6:18** (amp) "And I will be a Father to you, And you will be My sons and daughters," Says the Lord Almighty.

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From <u>Eternal Life – Relationship with God</u>

# **Faith Builders**

## Seed for today

God's word planted in our heart brings a harvest of His provision



Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us. Romans 5:5

For more SEED of God's Word: <u>SEED FOR TODAY</u>

## Faith for today

Faith works by knowing God's love.



## **Confession for today**



For more FAITH for today: FAITH FOR TODAY

#### I Believe

Knowing scripture hasn't changed me, delivered me, healed me, given me peace, set me free...believing it has. Amen. Mark 11:23

AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE

**Featured Article** 

Be-Loved

by <u>Kristine Repino</u>

One of the greatest revelations I've ever received is that God wants only good for me. I believe this is foundational to understanding God's true nature, character and will for mankind; and for us personally.

It just downloaded in my heart one day: God didn't want a particular situation I experienced to have happened the way it did. I had heard it preached that "God loves you" in the context of God's love for all people; but that just didn't ring a bell in my own life. I thought of God's interaction with us in an impersonal and uninvolved way. But sure, I knew He loved the world and forgave us. So I tried to reason it was true, but what did this "love" really have to do with me?

But when I "saw this" truth it became so personal I knew my Father was heartbroken for me, for all those involved and He understood how I felt. He cared. It wasn't what He wanted to have happen. Maybe you're in a situation, or have experienced one that brought loss, tragedy, or emptiness in an area of your life. I want to encourage you today to take the first steps toward experiencing God's love for you personally by choosing to believe this too.

God only desires good for His children. And that includes you!

Jeremiah 29:11 for I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

This might seem super basic to some, but I'd like to challenge you to examine your core belief; what you really believe in your heart. Are you fully convinced God's desires for you are always and only good?

Take this one step further: Does it influence your approach when you come up against negative situations?

James tells us God does not tempt (test) anyone. That God only gives good gifts. Therefore, if you are in something that is not good, or have experienced something that wasn't, it is not what God wanted or planned for you.

**James 1:13** Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone.

**James 1:17** Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.

Someone might say, "What does it matter if God wants good for us? It wasn't good, so how does that change anything?" If you don't have assurance, a conviction on a heart level of God's goodness toward you personally, you won't be able to receive His love and compassion. You might not blame God, but if you think God is the one who did it, allowed it, or even has no involvement at all, it will be almost impossible to open your heart to Him.

**Hebrews 4:15** For we do not have a High Priest Who is unable to understand and sympathize and have a shared feeling with our weakness and infirmities and liability to the assaults of temptation, but One Who has been tempted in every respect as we are, yet without sinning.

This verse lets us know that Jesus Himself was put to the test, tempted in every way that we have. He understands and relates to it. The next verse invites us to receive the mercy, compassion and all of God's grace in those situations.

**Hebrews 4:16** Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

So the first step in allowing God to love you is to accept that He does. Meditate on the scriptures of the Bible that show you God's love. Spend time in the gospels and see how God demonstrated His love and nature to all those who came to Him. The next step is to believe this love reaches out to you personally; understanding and empathizing with you; and with the ability to comfort you and to heal your heart.

Isaiah prophesized this of Jesus:

**Isaiah 61:1** "The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound.

And in Luke 4:21, Jesus fulfilled this scripture in His earthly ministry. Luke 4:21 And He began to say to them, "Today this Scripture is fulfilled in your hearing."

So today, if you are suffering from a situation you have experienced, believe in the love of God for you enough to come to Him believing He wants to heal your heart, and for all things in your life to be good. Thank Him for that. Praise Him for all that is good and for all that you do have. Come into agreement with His plans and purposes from the past, the present, and your future. God wants you blessed!

This will ultimately bring you to a place where you can begin to expect and experience all of His goodness, AND stand firmly against the lies and of the enemy in your life.

**John 10:10** the thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

**Ephesians 3:20** Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us

WE MUST BELIEVE GOD'S LOVE MATTERS.

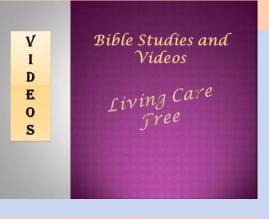
1 John 4:8 "...for God is love"

Romans 8:31 What then shall we say to these things? If God is for us, who can be against us?

For more ARTICLES: <u>ARTICLES</u>

**Videos** Featured Video: Living Care-free

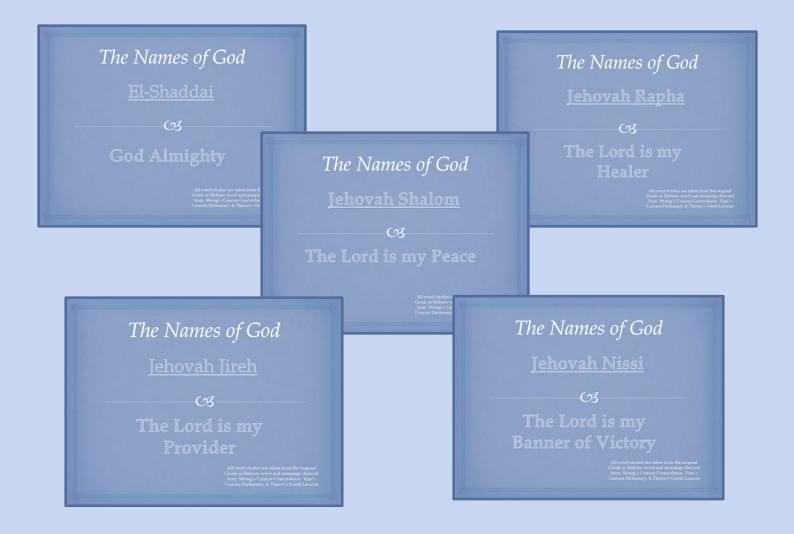
Give all your worries and cares to God, for He cares about you. 1 **Peter 5:7** 



For more <u>VIDEOS</u>

AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE

Every promise of God comes from His nature, so we can have confidence to believe it.



#### **ABIDE IN ME**

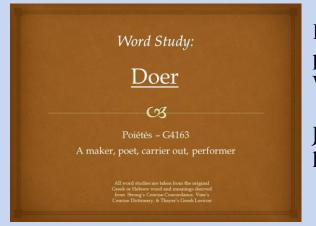
Jesus tells us that if we're to bear fruit, that we need to abide in Him, and His words must abide in us.

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. By this My Father is glorified, that you bear much fruit; so you will be my disciples. John 15:7-8

Below are some of the most familiar scriptures in the New Testament, sharing powerful spiritual truths. Find out if you are familiar enough with them to finish each verse in your own words. The scripture reference is included if you would like to look them up.

<u>Fill in the blank</u>

Faith comes by	(Romans 10:17)
Jesus is the image of the	e Father (Hebrews 1:3)
Jesus said, "I am the,	,, no one comes to
the Father except by me. (John 14:6)	
All the promises of God are	(2 Corinthians
1:20)	
God is no of perso	ns.
Every good gift and every perfect gift	is from, with whom
there is no variation or shadow of tu	rning. (James 1:17)
Jesus Christ is the same,	, (Hebrews 13:8)
The thief does not come except to ste	al, and to kill, and to destroy. I have
come that they may have	. (John 10:10)



## Word Study

DOER in this verse means to carry out, perform, and implement the truths of the Word of God into our lives.

James 1:22 But be doers of the word, and not hearers only, deceiving yourselves.

For more WORD STUDIES

# Food for thought

- 1. How many plagues did God send to Egypt?
  - a. 8
  - b. 10
  - C. 12
- 2. God asked Abram to make a sacrifice to Him on Mount Moriah. What was it? a. A calf
  - b. His son, Isaac
  - c. His son Ishmael
- 3. Who wrote the first 5 books of the Bible?
  - a. Jeremiah
  - b. Joshua
  - c. Moses
- Answers on back page

## Grace for today

God's provision is sufficient for each day



#### Faith is the bridge to God's grace

What is grace? It is typically defined as God's unmerited favor. A more accurate definition would be:

GRACE – God's provision (total prosperity) for man's every need, spirit, soul, and body

Spiritual prosperity = When we accept Christ, we become a new creation in

Christ, and the spirit of God comes and lives within our spirit and we become one with Him.

Soul prosperity = when our mind, will and emotions line up with what's in our spirit which produces the fruit of the Spirit (love, joy, peace, etc.)

Physical prosperity = health and wholeness in our body

As these areas prosper, God's provision can flow into every area of our lives, our circumstances and relationships. God's grace has been given to everyone who will believe.

What is faith? Our positive response to God's grace. Faith is what reaches into the spiritual realm and brings into physical reality what God has already offered by His grace. This is a free gift. We don't have to earn it or work for it, praise God!

By grace through faith

Ephesians 2:8-9 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.

See Full Article: Faith is the Bridge to God's Grace

AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE

### **Featured Testimony The Keys to Experiencing God** by Kristine Repino

In this video, I want to stir you up to the realization that you can experience the presence of God. His life is hidden for us, not from us. But you have to understand the keys to see this operating in your life. I share 3 testimonies of how putting these keys into practice, I have experienced God's supernatural presence.

Supernatural Peace Supernatural Healing Supernatural Desires

Featured Video: The Keys to Experiencing God

And you will seek Me and find Me, when you search for Me with all your heart. Jeremiah 29:13





For more testimonies: <u>TESTIMONIES</u>

AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE

## Letter to Subscriber

This newsletter was created to bring you the spiritual food of God's Word in various forms to nourish you in the Truth. It is my hope and prayer that as you feed on the Word of God through scripture study, faith builders, and teaching you are encouraged and strengthened in the inner man as you are transformed into the image of Jesus God has created you to be. Thank you for allowing me to be a part of your journey.

Blessings, Kristine

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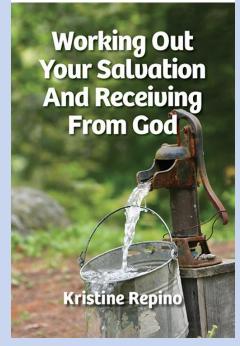
#### **Request Prayer**

If you would like prayer, we would love to stand in agreement with you. Click on the link below to send us your prayer request.

PRAYER REQUESTS

AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE

### **Buy Now**



E-book

Salvation is a finished work of the cross! We can't earn it or work for it. The Apostle Paul tells us to work out our salvation with fear and trembling. But has the church misinterpreted this statement? How we receive from God is dependent on understanding what God says about the gift of righteousness through salvation. What is God's role? And what is ours?

Work out your salvation by understanding this truth and see it transform your life and have the power to influence those around you!

Check out our ministry

<u>Beliefs</u>

About the Author:

Kristine and her husband Thom have been married for 29 years and have 3 grown children. Kristine enjoys writing and has authored several books. A graduate of Charis Bible College, she has gained a stronger foundation of the Word, deepening her desire to share the message of God's unconditional love through her writing. The Expressions of His Grace Ministry is an outflow of that desire.

# AND OF HIS FULLNESS WE HAVE ALL RECEIVED, AND GRACE FOR GRACE



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## Food for thought answers

- 1. b. 10 (Exodus 7-11)
- 2. b. His son, Isaac (Genesis 22:1-18
- 3. c. Moses

#### <u>Privacy policy</u>

#### Abide in Me -fill in the blank

Hearing God's Word Exact Way, truth, life Yes and amen to the glory of God by us Respecter God Yesterday, today and forever Abundant life