

THE EXPRESSIONS OF HIS GRACE

Highlights



The Armor of God

Put on the whole armor of God, that you may be able to stand against the wiles of the devil. Eph. 6:11

Belt of Truth

Breastplate of Righteousness

Shoes of the Gospel of Peace

Shield of Faith

Helmet of Salvation

Sword of the Spirit

Prayer

Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints Eph. 6:14-18

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Is your faith frustrated?
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- ❖ The Sword of the Spirit

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AND OF HIS FULLNESS WE HAVE ALL
RECEIVED, AND GRACE FOR GRACE

Faith Builders

Seed for today

God's word planted in our heart brings a harvest of His provision



Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.
Eph. 6:13

For more SEED of God's Word: [SEED FOR TODAY](#)

Faith for today

Faith is now. We need to feed on the Word to maintain it.



For more FAITH for today: [FAITH FOR TODAY](#)

Confession for today



It is finished

Lord, you did all that needed to be done. You gave me everything I need to stand in that victory. I know that what you ask for in return is my faith. I trust you, in Jesus' name!

1 John 4:10 2 Peter 1:3 Romans 5:2

For more CONFESSIONS: [CONFESSIONS](#)

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Featured Article

Experiencing the Fullness of God

by [Kristine Repino](#)

Often, Christians talk about being 'full' of God. What does it mean?

"...to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God." Ephesians 3:19

For years I wondered what exactly it meant to be full of God; and how does it happen? I was already seeking God as much as I knew how at the time, and even came across a wonderful book called "Discover the Keys to Staying Full of God" by Andrew Wommack. I read that book three times and even though I understood what he shared, I still had no idea how to get it to work.

I had read the above scripture in Ephesians many times. In this chapter, the Apostle Paul is telling the Ephesians, and us, that he is praying to the Father to grant us to be strengthened with His might through His Spirit, that Christ dwells in us by faith, and that we may be able to know the love of Christ that passes knowledge and be filled with all the fullness of God. (Ephesians 3:14-19).

I thought I had done everything a Christian should be doing. I go to church, I try to love people the way I think God wants me to, I try to forgive, and I read my bible to learn how to please God. But none of that was giving me what I saw in those verses. So I just continued down this road, trying to please God, please people and somehow get this fullness to show up.

Sometime later, I took a course in which the pastor taught on 'abiding' in God. It's a long story, but this teaching took me from religious activities (trying to DO everything to get) to relationship with almighty God. Abiding in God is all about knowing Him-not just knowing about Him. It's giving God first place in everything and seeking Him in His word, in prayer and fellowship. All those religious activities took on a different meaning-when I saw this and it became real to me. My desire to spend time with God grew and grew and so did my ability to experience His fullness.

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What is it like to be 'full of God?' It's like saturation of a photograph.

In photography, the term 'saturation' describes the depth or intensity of color present within an image. The more saturated an image is the more colorful and vibrant it will appear. Less color saturation will make an image appear subdued or muted.¹

Just like a saturated photograph, we can be saturated with God. How much of God (His Word, His presence) is filling up your soul? The more the word is functioning in your mind, will, and emotions, the more saturated with God's presence you will be and the more colorful and vibrant your life will become. The less saturated your soul is, the more subdued or muted it will be and your life will reflect that.

Just as the saturation levels of an image can be altered by using filters to reduce the amount of certain wavelengths of light reaching a photographic recording medium,² the more you filter everything through God's word, the more saturated your heart will become.

You may desire intimacy and want to experience the fullness of God. It's about giving quality and quantity time to this relationship; and choosing to view everything you see through the lens of God's Word; your identity, purpose, your health, your relationships, etc. through spiritual eyes, not the natural.

This is not a casual relationship with the Word. Nor is it a religious duty filled by checking off the boxes. Is your time with God a religious exercise or personal and intimate time with your Father?

Recommended reading: "Discover the Keys to Staying Full of God" by Andrew Wommack

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Lord, you said if I seek you I will find you. I make a greater commitment to do that. I want the fullness of God working in me mightily and through me. I am your child, and therefore I can have an intimate relationship with you, my Father. I hear your voice and I am led by your Spirit within me. Amen.

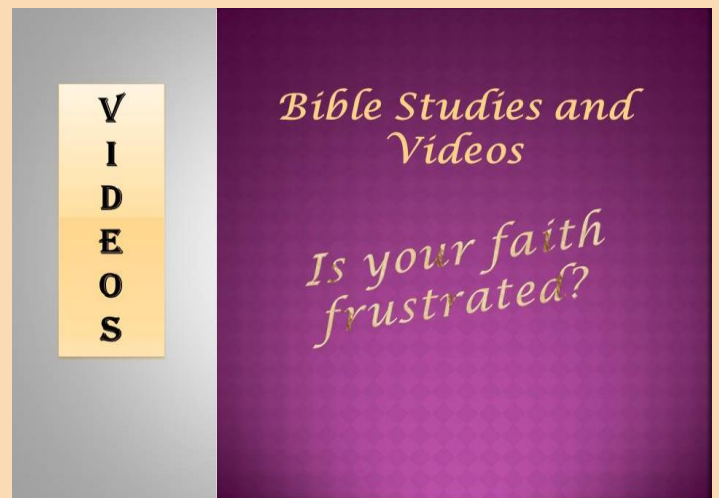
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Faith is the bridge to God's grace

Featured Video:
[Is your faith frustrated?](#)

“...faith in Christ Jesus [the leaning of your entire human personality on Him in absolute trust and confidence in His power, wisdom, and goodness]...” Col. 1:4ampc



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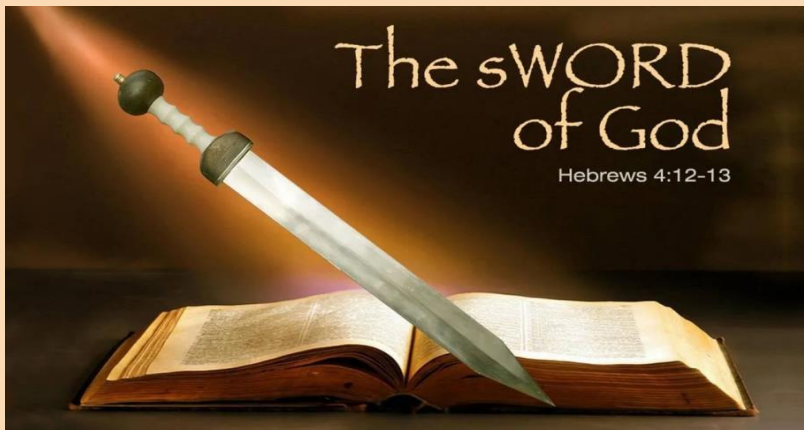
See article: [Faith vs Willpower](#)

Faith	Willpower
Perceives as true without physical evidence	A decision of personal commitment
Comes from the Word of God	Comes from a determination of the human will
Trusts in God's ability	Trusts in own ability
Spiritual force	Personal human effort
Faith never fails	Willpower sometimes fails

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The Sword of the Spirit



In the book of Ephesians, the Apostle Paul tells us that the Word of God is one of the pieces of armor we have against the enemy. He calls it the 'sword of the Spirit.' This piece of armor is our only offensive weapon. Jesus spoke the Word of God each time He was tempted by the devil in the wilderness. The

Word has the power to stand against the enemy when he comes at us, and to hold him back. It is important for us to remember this and to use it. **The Word of God is:**

Alive and powerful

For the word of God is alive and powerful Hebrews 4:12

Sharper than a two edged sword

...Sharper than the sharpest two-edged sword Hebrews 4:12

Incorruptible seed

Having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever, 1 Peter 1:23

Truth

Sanctify them by Your truth. Your word is truth. John 17:17

A weapon

And take the helmet of salvation, and the sword of the Spirit, which is the word of God Ephesians 6:17

For as the rain comes down, and the snow from heaven, And do not return there, But water the earth, And make it bring forth and bud, That it may give seed to the sower And bread to the eater, So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. Isaiah 55:10-11

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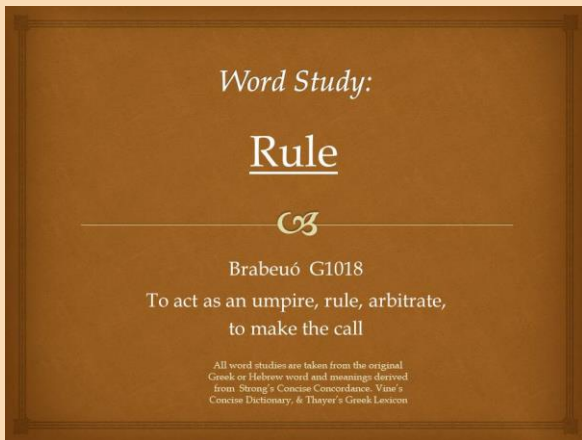
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Word Study

Peace (wholeness) from Christ is what He uses to assure (confirm) to a believer that they are living in His preferred will. We are to allow it to rule or umpire in our lives.

Colossians 3:15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

[FOR MORE WORD STUDIES](#)



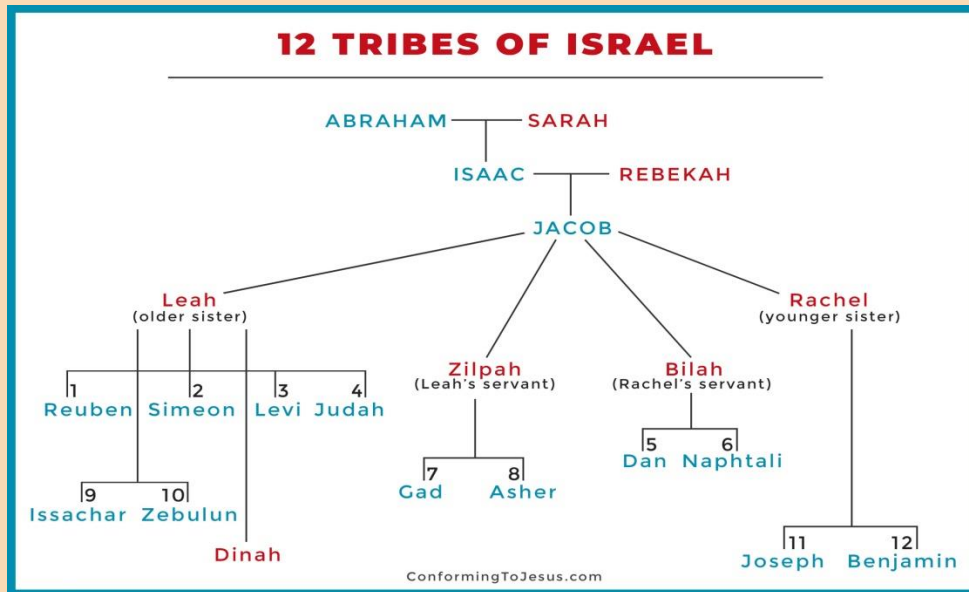
Food for thought

1. Who did God call Jonah to preach to?
 - a. Nineveh
 - b. Samaria
 - c. Antioch
2. Who is the author of the Book of Revelation?
 - a. Paul
 - b. John
 - c. Luke
3. What city was Saul traveling to when he encountered a great and blinding light?
 - a. Jerusalem
 - b. Damascus
 - c. Philippi

❖ Answers on back page

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Who were the Israelites? Children of Israel (Jacob)

The Israelites are the physical descendants of the Patriarch Abraham through Isaac and then Jacob. God changed Jacob's name to Israel (Gen. 32:28). From then on, his sons and other descendants were called "sons of Israel" or "Israelites."

Jacob (Israel) had twelve sons, representing the twelve tribes of Israel. He also had one daughter, Dinah, whose descendants were not recognized as a separate tribe.

The sons of Leah; Reuben (Jacob's firstborn), Simeon, Levi, Judah, Issachar, and Zebulun

The sons of Rachel; Joseph and Benjamin (Jacob's last-born)

The sons of Bilhah, Rachel's handmaid; Dan and Naphtali

The sons of Zilpah, Leah's handmaid; Gad and Asher

The twelve tribes of Israel are referred to in the New Testament. In Matthew 19:28 and Luke 22:30 Jesus says that in the Kingdom of God his disciples will sit on twelve thrones, judging the twelve tribes of Israel.

(Adapted from <https://www.gotquestions.org/who-Israelites.html>)

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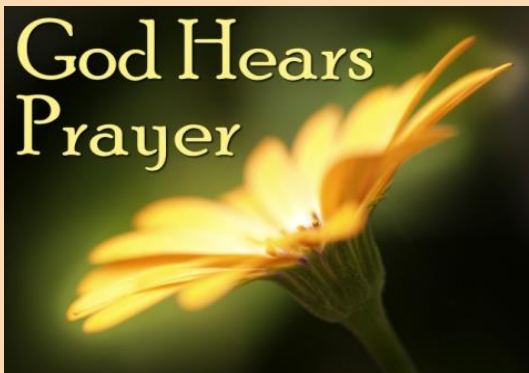
Letter to Subscriber

This newsletter was created to bring you the spiritual food of God's Word in various forms to nourish you in the Truth. It is my hope and prayer that as you feed on the Word of God through scripture study, faith builders, and teaching you are encouraged and strengthened in the inner man as you are transformed into the image of Jesus God has created you to be. Thank you for allowing me to be a part of your journey.

Blessings, Kristine

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Request Prayer

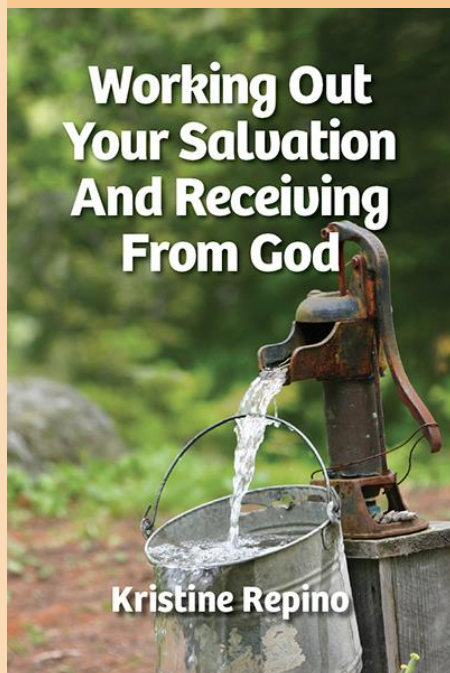
If you would like prayer, we would love to stand in agreement with you. Click on the link below to send us your prayer request.

[**PRAYER REQUESTS**](#)

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E-book

Salvation is a finished work of the cross! We can't earn it or work for it. The Apostle Paul tells us to work out our salvation with fear and trembling. But has the church misinterpreted this statement? How we receive from God is dependent on understanding what God says about the gift of righteousness through salvation. What is God's role? And what is ours?

Work out your salvation by understanding this truth and see it transform your life and have the power to influence those around you!

Check out
our ministry

[Beliefs](#)

About the Author:

Kristine and her husband Thom have been married for 29 years and have 3 grown children. Kristine enjoys writing and has authored several books. A graduate of Charis Bible College, she has gained a stronger foundation of the Word, deepening her desire to share the message of God's unconditional love through her writing. The Expressions of His Grace Ministry is an outflow of that desire.

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Food for thought answers

1. a. Nineveh (Jonah 1:2)
2. b. John (Revelation 1:1)
3. b. Damascus (Acts 9:2)